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| Name: mast PUJITH | Reg No: 13-12SMHC18 |
| Age / Sex:13/M | Contact No:9900159039 |
| Marital Status:NA | Date:29/12/18 |
| Occupation:8TH STD | Dr. PJFP |
| Address:NATIVE OF BENGALURU. | DIAGNOSIS- |

1. GREYING OF HAIR FRM 1 AND HALF YEAR.

HS MOTHER HAD THE SAME PROBLEM AT THT TIME AFTER WHICH RESOLVED AFTER ALLORX.

1. IF GETS PHYSICALLY STRESSED WILL GET FEVER AND HEADACHE.
2. PICKY EATER. FRM CHILDHOOD ALO H WAS VERY THIN SKINNY. LIKES ONLY RAGI MALT AND CHAPATHI. BUT LESS QUANTITY. WATER ALSO LESS. CANT TOLERATE HEAT AND COLD. LIKE SUMMER ONLY.

PAST H/O:

* WHEEZING – AYURVEDIC RX NOW FRM 2 YEARS OK.

WT: 42.4KG.

RX:

1. LYCO 1M – 4-4-4-4 1 DRAM. 4 DAYS.
2. TUBERCULIUM / ALFALFA/AVENA 1M – 4-4-4-4 1 DRAM 4 DAYS
3. ALFALFA+AVENA+GINSENG Q – 10-10-10 DROPS A/FOOD WATER.
4. RUB 1DOSE – NIGHT B/FOOD.
5. CALC PHOS 12X -4-4-4-4.

19/1/19: app improved.

1. TUBERCULIUM / ALFALFA/AVENA 1M – 4-4-4-4 1 DRAM 4 DAYS
2. Five phos 4-4-4-4.
3. RUB 1DOSE – NIGHT B/FOOD. 15
4. CALC PHOS 12X -4-4-4-4.

2/3/19: feeling weak. Exhausted in the evening. Sleepy more. Exam time erratic sleep timings. Food has improved. Wt: 40kg.

Rx:

1. TUBERCULIUM / ALFALFA/AVENA 1M – 4-4-4-4 1 DRAM 4 DAYS
2. Five phos 4-0-4.
3. RUB 1DOSE – NIGHT B/FOOD. 30
4. Lycopodium 1m/vinca minor 1m/thyroidinum1m 4-4-4 alternate weeks fr 4 days.
5. Acid phosQ – 20 ml mix in 100 ml oil and apply.

1 month medicines - 1350

13/4/19: food improved. Cough getting severe these days. Grey hair same. Dry scalp. Weakness better. Headaches not there.before use to get cough for curd now he feels ok with curd. Milk still aggravates his cough or gets cough if he drinks milk. Cycling also gives cough.morning walks also cough inc.>hot water if he drinks.

Rx:

1. TUBERCULIUM / ALFALFA/AVENA 1M – 4-4-4-4 1 DRAM 4 DAYS
2. Five phos 4-0-4.
3. RUB 1DOSE – NIGHT B/FOOD. 30
4. Thyroidinum 6x 4-4-4
5. Acid phos/lyco 200 – 4-4-4-4. 1st week and 3nd week.

4/5/19: cough not getting controlled . getting tears in eyes.

Rx:

1. Syphilinum 1m – 1 dose morning b/food.
2. Bryonia / antim tart 200 – 4 pills sos cough.
3. Rub 60 – 1 mng and night.
4. Nat sulph 6x 4-0-4.
5. Five phos 4-0-4.